K. J Somaiya Medical College, Mumbai,
First MBBS Batch 2019-20,
Foundation Course plan

Foundation Course Week-1 (First 7 days excluding holidays)

	1/O8/2019	2/8/2019	3/8/2019	5/8/2019	6/8/2019	7/8/2019	8/8/2019
	Thursday	**Friday**	**Saturday**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**
8.30am - 10.00 am	Medical profession and Physicians role in society	The MBBS Program (Anat, Physio, Bio)	Medical Ethics attitudes and Professionalism (Bioethics team)	Healthcare system and its delivery	Universal Precautions and Vaccinations (Com. Med.)	Patient Safety and Biohazard safety (Micro.)	The academic ambience (Anat, Physio, Bio)
10.00am -11.30 am	Medical profession and Physicians role in society	Alternate Health systems in the country.	Medical Ethics attitudes and Professionalism (Bioethics team)	National Health Priorities and policies (Com. Med)	Universal Precautions and Vaccinations (Com. Med.)	Principles of Primary care (general care and community based care) (Com. Med.)	**Dean's Address and Parents Meeting**
11.30am -1.00 pm	The MBBS Program (Anat, Physio, Bio)	History of medicine	Healthcare system and its delivery	National Health Priorities and policies (Com. Med))	Patient Safety and Biohazard safety (Micro.)	Principles of Primary care (general care and community based care) (Com. Med.)	The academic ambience (Anat, Physio, Bio)
1.00pm -1.30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1.30pm -2.30pm	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills
2.30pm -4.00pm	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)
4.00pm -5.00pm	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities

Foundation Course Week-2 (second 7 days excluding holidays))

	9/8/2019	13/08/2019	14/08/2019	16/08/2019	19/08/2019	20/08/2019	21/08/2019
8.30am - 11.00 am	Interpersonal relationships (Psychiatry)	Interpersonal relationships (Psychiatry)	Learning including self directed Learning	Learning including self directed Learning	Learning including self directed Learning	Learning including self directed Learning	Time management
11.00am -12.00 pm	Group Dynamics	Group Dynamics	Working within a healthcare team	Working within a healthcare team	Documentation and Medical records	Documentation and Medical records	Interpersonal communication (Psychiatry)
12.00pm -1.00 pm	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills
1.00pm -1.30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1.30pm -3.00pm	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)
3.00pm -4.00pm	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities

Foundation Course Week-3 (Third 7 days excluding holidays))

	22/08/2019	23/08/2019	26/08/2019	27/08/2019	28/08/2019	29/08/2019	30/08/2019
8.30am - 11.00 am	Stress Management (Psychiatry)	Stress Management (Psychiatry)	First Aid (Surgery)	First Aid (Surgery)	Basic life Support (Anesthesia)	Basic life Support (Anesthesia)	Basic life Support (Anesthesia)
11.00am -12.00 pm	Interpersonal communication (Psychiatry)	relating to Patients Experience of the disease	relating to Patients Experience of the disease	Communication with Patients and families	Communication with Patients and families	Professonalism attitude and Ethical Behaviour (Bioethics)	Professonalism attitude and Ethical Behaviour (Bioethics)
12.00pm-1.00pm	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills	Computer skills
1.00pm -1.30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1.30pm -3.00pm	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)	Language Enhancement (Local/English/ both)
3.00pm -4.00pm	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities	Sports/EC activities

Foundation Course Week-4

	31/08/2019						
8.30am - 4.00 PM	Field Visit to RHTC						