

# K J Somaiya Medical College, Sion, Mumbai

## NSS ACTIVITIES

### ACTIVITY 1: 11<sup>TH</sup> AUGUST 2021



The NSS unit of KJSMC came together to educate expecting and post natal women about the benefits of breastfeeding with the help of a skit. This was followed by a myth busting session accompanied by catchy slogans made by our own NSS unit of KJSMC. These activities were followed by flipchart activity where the correct manner of breastfeeding was taught to the audience. The event concluded with the highlight of oath taking ceremony in which all the members and the audience swore to follow exclusive breastfeeding till the first 6 months.

**ACTIVITY 2 :ORGAN DONATION (17<sup>TH</sup> AUGUST 2021 )**

Basis of organ transplantation and organ harvesting was explained by Dr Ojha .Eye donation and Skin donation ,various concepts, myths and facts was explained by Mrs Jaya Mohan .This session was conducted online because of Covid Pandemic.



**SOMAIYA TRUST**  **NSS UNITS OF K.J. SOMAIYA SCHOOL & COLLEGE OF NURSING AND K.J.SOMAIYA MEDICAL COLLEGE AND RESEARCH CENTRE** 

*CORDIALLY INVITES YOU ALL NURSING AND MEDICAL STUDENTS, TEACHING AND NON TEACHING FACULTY MEMBERS AND STAFF FOR*

**WEBINAR ON ORGAN DONATION**

*WEBINAR SESSION*

<b>SR.NO.</b>	<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
1	9.40 AM- 10.10 AM	Eye Donation	Dr. Vrunda More-Patil
	10.10 AM – 10.30 AM	Skin Donation	Dr. Mamta Dhayal
2	10.30 AM- 11.30 AM	Organ Donation Concept, Myths and Facts	Ms. Jaya Mohan
3	11.30 AM – 12 NOON	Basics of organ transplantation and organ harvesting	Dr. Ashutosh Ojha

DATE: 17/8/2021 TIME: 9.30AM-12 .00 NOON  
Zoom link:  
<https://zoom.us/j/96042419849?pwd=Q0M1TlVCUGFXUUxqRDU0ckgyRFhEz09>

Meeting ID: 960 4241 9849  
Passcode : 7jSW3z

### ACTIVITY 3 :LITERACY WEEK(23<sup>rd</sup> September 2021)



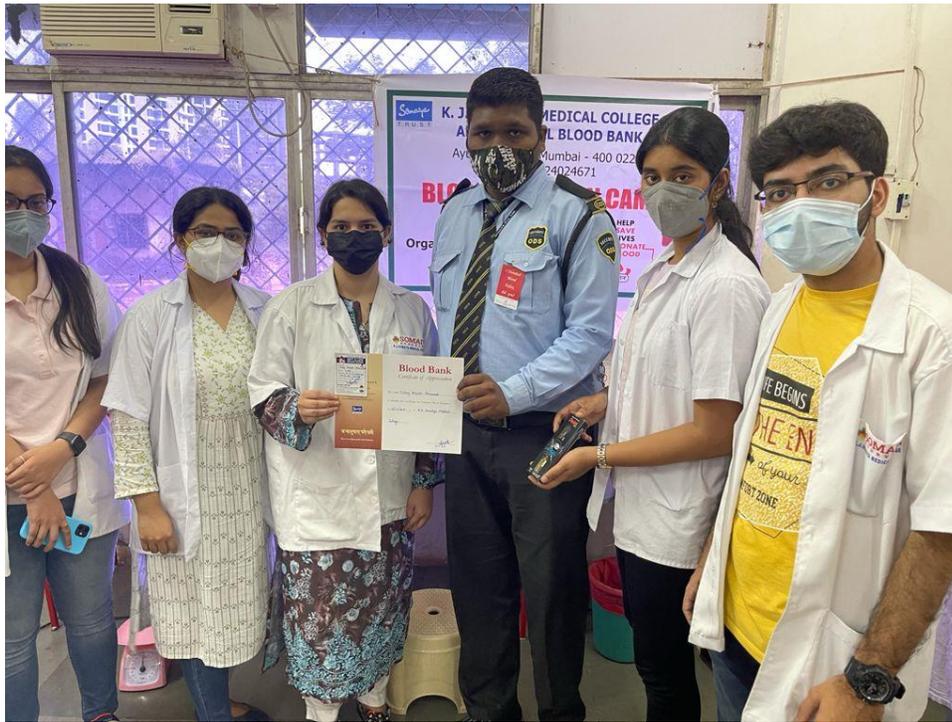
A quiz with 3 different rounds was conducted among medical students. Each round had activities around spellings and words from the medical background with which the students were comfortable. The NSS unit split the participants into groups for the event. The participants not only enjoyed the session but also went back with new learned knowledge thus serving the purpose of our event.

#### ACTIVITY 4 :NSS FOUNDATION DAY- Beach Cleaning (26<sup>th</sup> September 2021)



On account of NSS Foundation Day, a beach cleaning drive was organized by the NSS unit of KJ Somaiya Medical College. The unit was divided into small groups in order to cover maximum area. The garbage was collected in two separate bags which were disposed off appropriately.

**ACTIVITY 5 : BLOOD DONATION (1<sup>ST</sup> OCTOBER 2021)**



The NSS team collaborated with the Blood bank team of K.J Somaiya Hospital and Research Centre to carry out a Blood Donation Drive to encourage donors to donate blood. The NSS unit helped the donors register and made sure they met the criteria for blood donation. A total of 29 bags of blood were collected from BLOOD DONATION CAMP conducted by the NSS team. The donors were acknowledged by providing them certificates and badges.

**ACTIVITY 6 : WORLD FOOD DAY (2ND OCTOBER 2021)**





The NSS unit visited Pasaydan Balbhavan where they interacted with the children. The children welcomed them with dance performances and introduced themselves to the NSS unit. The unit distributed food among the children. Furthermore, they distributed colouring books and colors to each child and helped them draw and got to know more about their dreams and aspirations.